



Deliciously Derbyshire

## FOOD MENU

### NIBBLES

Wye Bakehouse Rustic Bread, olives & dukkha (V) **£4.50**  
Whitebait, chorizo mayonnaise **£5.00**

Wicked garlic doughballs (V) **£5.50**  
Chorizo & hummus **£5.00**

### STARTERS

Crispy line caught mackerel **£8.50**  
Smoked mackerel, cured mackerel. Gooseberry ketchup, pickles

Duck liver parfait **£8.50**  
Gingerbread, our pickles, foraged herbs

Arancini (v) **£7.95**  
Crisp Parmesan and Red Fox risotto squares, truffle mayonnaise

Dusted calamari **£7.95**  
Tickled Trout tartare

Seasonal velouté **please see the board**  
Wye Bakehouse Rustic Bread

Derbyshire charcuterie (for 2 to share)  
**£8.95 per person**

Locally cured hams, our pickles, baked camembert, walnuts and mushrooms

Halloumi, burnt orange, beetroot salad (v) **£6.95/ £9.50**  
Grilled halloumi, red onion, pumpkin seed granola

Parma ham and goats cheese salad **£6.95/ £9.50**  
Parma ham, candied walnuts, goats' cheese, ripe seasonal compressed melon

### MAINS – From the special's board

Derbyshire cornfed chicken **£16.95**  
Poached breast, confit oyster, boulangere, Jerusalem artichoke, confit root veg and rosemary jus

Pan roasted Gressingham duck breast **£19.95**  
Parisienne potatoes, balsamic cranberry, sautéed foraged wild mushrooms, roasted hazelnuts

Butterley Top côte de porc **£17.50**  
Grilled pork ribeye, celeriac rösti, shallot, Barlow apple, Aspall's cider gravy

Pumpkin Wellington (v) **£14.95**  
Feta, pine nuts, goat's cheese mousse

Cauliflower (available vegan) **£13.95**  
Cauliflower steak, pickled cauliflower, hazelnuts, Derbyshire ale rarebit, caper & raisin purée

Highfield House blade of beef **£16.95**  
Truffled polenta, wild mushrooms, beef braised carrots, herb oil

Butter poached Cornish Cod loin **£18.95**  
Fermented Sudbrook turnips, charred kohlrabi, poached fennel and dill

Looe day boat fish **£18.50**  
Roasted fillet, Rock oyster, Fowey mussels, crab, clams, sea vegetables, mussel emulsion

The Tickled Trout **£18.95**  
Pan-fried Cornish sea trout, carrot & cardamom, cavalo nero, langoustine emulsion, almonds

Derbyshire pie (see the board for the filling) **£17.50**  
Served with duck fat herbed roasties and garlic roasted root veg

### TT FAVOURITES

Pasta Bolognese **£12.50**  
12hr ragu, Chianti, basil, Parmesan

Spiced chicken and red pesto pasta **£12.95**  
Sweet chilli, crème fraîche, red and spring onion

Aubergine, courgette bake (v) **£11.95**  
Tomato & basil fondue, pesto breads, rocket Parmesan salad

Tickled Trout burger **£13.95**  
240g TT 24hr marinated burger, slow braised pulled short rib, onion jam, salad, chunky chips

TT chicken burger **£12.50**  
Spiced breast, wholegrain mustard, mayonnaise, salad, chunky chips

## SIDES

- The best spicy tomato bread from the pizza oven (v) £4.95  
Caprese salad (v) £4.50  
Rocket and parmesan salad (v) £4.00  
Rosemary roasted sweet potatoes (v) £3.50  
OMG truffle & parmesan fries £4.95  
Salty skinny fries £3.00

## SOUGHDOUGH PIZZA

### Margherita (v) £8.95\*

Tomato, buffalo mozzarella and fresh basil

### Diavola £11.75\*

Pepperoni, Roquito peppers, green chillies and jalapenos

### Caprino £12.25\*

Goats' cheese, Roquito peppers, spinach and olives

### Pizza con prosciutto £11.75\*

Crispy Parma ham, filed mushrooms, grilled artichokes, olives, rocket and basil

### Saliccia picante £13.75\*

Spicy sausage, angry arrabbiata sauce, basil, mascarpone and buffalo mozzarella

### Italian £11.75\*

Parma ham, cherry tomatoes, buffalo mozzarella, soft boiled egg

### Festa di carni £13.75\*

Pepperoni, bolognaise, spinata, Calabrese salami and Palma ham

### Pollo picante £13.75\*

Chilli-marinated chicken and red onion, garlic, chilli, Roquito peppers and goats' cheese

### Giardiniera (v) £11.75\*

Spinach, red onion, artichoke, buffalo mozzarella, mushrooms, cherry tomatoes and black olives

### The Greek £12.25\*

Inspired from the infamous Greek salad: Feta cheese, black and green olives, shallots, sunblushed tomatoes, basil and rocket

### Quattro formaggi bianco £12.25\*

White base with four cheeses: Lancashire blue, goats' cheese, parmesan and mozzarella

### Seafood, a taste of Cornwall £13.75

Buffalo mozzarella, smoked mackerel, white crab, red onion, chilli, garlic, lemon zest and rocket

### Calzone (available v) £15.20

Beef ragu, spicy sausage, mascarpone, Roquito peppers, red onion, buffalo mozzarella, cherry tomatoes. Glazed with tomato sauce, parmesan, fresh basil, parsley and lashings of garlic oil.

Gluten free available £3 supplement

\*Part of the Tuesday pizza deal

## DESSERTS

### Macerated Sudbrook Raspberries £7.00

Vanilla custard tartlet, raspberry jam, white chocolate

### Warm dark chocolate moelleux £7.00

Milk and honey ice cream

### Topsy-turvy blueberry & lavender cheesecake £6.50

Lemon curd, crème fraiche sorbet

### Apple & Raspberry crumble, vanilla anglaise £7.00

White chocolate ice cream

### TT chocolate brownie £6.50

Salted caramel ice cream

### Ice cream selection £5.50

Vanilla, lemon curd, strawberry

### Caramelised apple tarte tatin for two £11.95

Cornish clotted cream, vanilla ice cream

### Selection of artisan British Isle's cheese £12.00

Truffled Sudbrook honey, green tomato chutney, artisan biscuits

Dessert wines, Ports, brandies available from the wine list

Selection of teas and tisanes and Tiger Stripes coffee from Northern Tea Merchants

### Top of the Trout

Special occasion coming up? Celebrate in style in our private dining room. Bespoke menus available.

### The best Sunday lunch

Long week? Join us for a lazy Sunday Roast prepared lovingly with the best local produce.

### Cottages

We have two beautiful AA 4 Star Gold self-catering holiday cottages to let, perfect for short breaks.

### Events

Please check our website or ask one of our members of the team for our events calendar for the next quarter.

- Burleigh's gin tasting evening
- Barlow carnival

### Pizza Tuesday

Enjoy any\* of two of the Trout's famous stone-baked sourdough pizzas for just £20. \*some exclusions apply.

All major credit cards are accepted, although regrettably we are unable to accept payment by cheque or American Express.

Reservations are usually allocated a two hour window. Depending on the time of year, try out our fireside snug or sun drenched patio for after dinner drinks.

If your experience ever falls short of your expectations please let us know immediately and give us the opportunity to make this right. We never want an unhappy customer to leave our pub.

All of our dishes are freshly prepared which means we can tailor our dishes to suit specific dietary requirements or tastes.

From time to time we do run out of things but we will hopefully be able to suggest a tasty alternative

## Deliciously Derbyshire

Call: 0114 289 11 11 Email: [dine@tickledtroutbarlow.com](mailto:dine@tickledtroutbarlow.com)

Tickled Trout, 33 Valley Rd, Barlow, Chesterfield, S18 7SL

 @tickledtroutS18  The Tickled Trout  @tickledtroutS18

## Spread the love!

If you've loved your time with the Tickled Trout, please help us out by spreading the word on social media. As an independent, family owned pub, we appreciate every bit of support we get!