



Deliciously Derbyshire

# FOOD MENU

## NIBBLES

Wye Bakehouse Rustic Bread, olives & dukkha (V) £4.50  
Whitebait, chorizo mayonnaise £4.50

Wicked garlic doughballs (V) £5.50  
Chorizo & hummus £4.50

## STARTERS

Arancini (V) £7.95  
Crisp parmesan risotto squares, truffle mayonnaise

Dusted calamari £7.95  
Tickled Trout tartare

Seasonal velouté (please see the board)  
Wye Bakehouse rustic bread

Derbyshire charcuterie (for 2 to share)  
£8.50 per person  
Locally cured hams, pickles and baked camembert

Halloumi, burnt orange, beetroot salad (V)  
£6.95 (£9.50 as a main)  
Grilled halloumi, red onion, pumpkin seed granola

Parma ham and goats' cheese salad  
£6.95 (£8.95 as a main)  
Parma ham, candied walnuts, goats' cheese, ripe seasonal melon

## SOMETHING SPECIAL

Crispy Cornish cod cheeks £8.50 (starter)  
Derbyshire ham, artichoke, russet

Duck liver parfait £8.50 (starter)  
Ginger, pickles, foraged herbs

Poached Derbyshire chicken breast £16.50  
Smoked chicken & sweetcorn risotto, Jerusalem artichoke

Gressingham duck breast £19.95  
Fennel slaw, braised chicory, potato fondants

Butterfly top côte de porc £16.95  
Celeriac remoulade, rosti, cider gravy

Butternut Wellington (V) £13.50  
Butternut squash, feta, spinach, pine nuts, cherry tomatoes

Highfield House blade of beef £16.50  
Truffled polenta, alliums, wild mushrooms, wild garlic

Cornish catch of the day (please see the board)

## TT FAVOURITES

Gluten-free pasta available £1 supplement | Burgers come with chunky chips

Pasta bolognese £11.50  
12hr ragu, chianti, basil, parmesan

Spicy chicken red pesto pasta £12.50  
Sweet chilli, crème fraîche, spring onion

Aubergine, courgette bake (V) £11.95  
Tomato & basil fondue, pesto breads, rocket parmesan salad

Looe day boat fish £17.95 (please see the board)  
Roasted fillet, Rock oyster, Fowey mussels, crab, clams, sea vegetables

Tickled Trout burger £13.95  
240g TT burger, braised pulled short rib, onion jam, salad

TT chicken burger £11.95  
Spiced breast, wholegrain mustard, mayonnaise, salad

The Tickled Trout £15.95  
Pan-fried Cornish sea trout, smoked mash, almonds, watercress

Derbyshire pie  
Price will vary on filling, please see the boards

## SIDES

The best spicy tomato bread from the pizza oven (V) £4.95  
Caprese salad (V) £4.50  
Rocket & parmesan salad (V) £4.00

Rosemary sweet potatoes (V) £3.50  
OMG truffle & parmesan fries (V) £4.95  
Salty skinny fries (V) £3.00

## DESSERTS

Poached Yorkshire rhubarb £7  
Vanilla custard, burnt blood orange

Dark Chocolate moelleux £7  
Milk & honey ice cream

Iced Yorkshire rhubarb £7  
Ginger, rapeseed cake, crème fraîche sorbet

TT chocolate brownie, salted caramel ice cream £6.50

Ice cream selection £5.50  
Vanilla, lemon curd, strawberry

Selection of British Isles cheese £12.00  
Please ask to see the cheese menu

Caramelised apple tarte tatin, clotted cream,  
vanilla ice cream for two £11.95

## CHECK OUT OUR BLACKBOARD TOO!

(V) Vegetarian

Many options are available gluten free, please ask a member of the team.

### Pizza Tuesday

Enjoy any two of the Trout's famous stone-baked sourdough pizzas for just £20.00

### Sunday Lunch

Long week? Join us for a lazy sunday lunch, prepared with the best local produce.

### Events

Grab a member of the team to find out about our events calendar for the next quarter!

### Top of the Trout

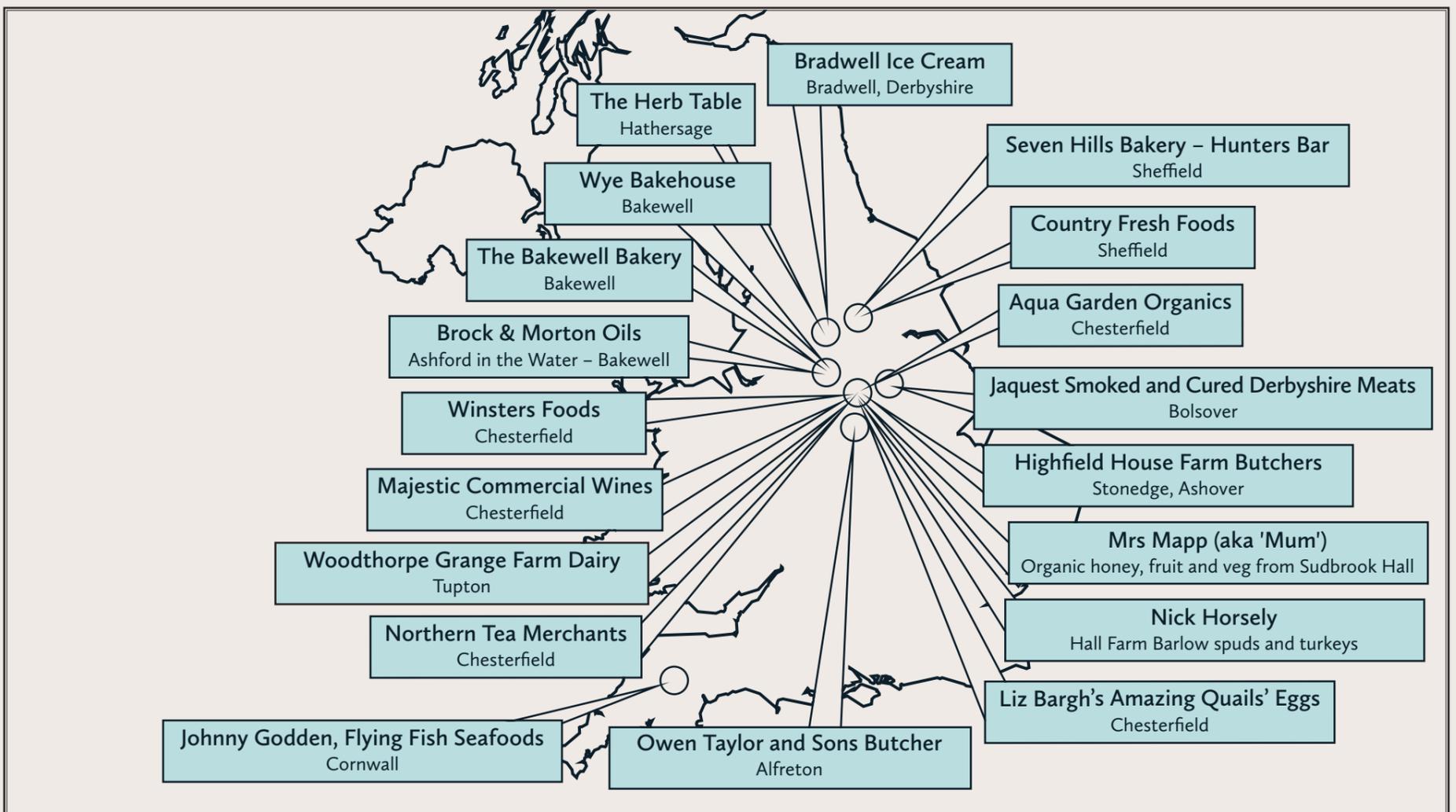
Special occasion coming up? Celebrate in style at the Top of the Trout function room!



## WHERE OUR FOOD COMES FROM



We absolutely love being able to showcase the ingredients of producers we trust and admire. Whether they're farmers, growers, bakers or fishermen, we'll only ever use the highest quality, freshest ingredients, sourced from top-notch local suppliers.



### Deliciously Derbyshire

Call: 0114 289 11 11 Email: [dine@tickledtroutbarlow.com](mailto:dine@tickledtroutbarlow.com)  
Tickled Trout, 33 Valley Rd, Barlow, Chesterfield, S18 7SL

@tickledtroutS18 The Tickled Trout @tickledtroutS18

### Spread the love!

If you've loved your time with the Tickled Trout, please help us out by spreading the word on social media. As an independent, family owned pub, we appreciate every bit of support we get!

Reservations are usually allocated a two-hour window. Depending on the time of year, try out our fireside snug or sun-drenched patio for after-dinner drinks.

All major credit cards are accepted, although regrettably we're unable to accept payment by cheque or American Express.

All of our dishes are freshly prepared from locally sourced ingredients. That means we can tailor our recipes to suit your specific tastes. From time to time, we do run out of things but we'll always suggest a tasty alternative!

If your experience with the Tickled Trout ever falls short of your expectations, please let us know and give us the opportunity to make things right! We never ever want an unhappy customer to leave our pub.